



EFFECTIVE TRANSITION MANAGEMENT IN THE LEGISLATURE

PROGRAMME OVERVIEW

The programme equips Members in legislatures with proven strategies and skills for navigating personal and institutional transitions, aligning both for sustained effectiveness and wellbeing. The programme offers a rare, protected space for reflection and planning amid the demands of public office, helping legislators approach change whether political, professional, or personal with clarity and resilience.

PROGRAMME RATIONALE

Members in legislatures face constant pressure from political and constituency changes, alongside the emotional toll of transitions both anticipated and unexpected. Election cycles, committee reassignments, and shifts in public life create ongoing uncertainty that can affect both performance and personal wellbeing. This programme provides structured, expert support to help legislators manage these shifts, remain effective in office, and safeguard their wellbeing and future endeavours beyond public service.

VISION

A global Centre of excellence in Legislative Governance

MISSION

To Enhance Capacity Development for Effective and Efficient functioning of Parliament, Legislative Assemblies and other key stakeholders.

LEARNING OUTCOMES

This programme helps learners navigate different life and career stages with greater clarity and confidence. It equips them to balance personal wellbeing with the demands of institutional and public responsibilities, develop personal strategies for managing uncertainty and political transitions, build forward-looking plans, and strengthen resilience and emotional preparedness for periods of significant change.

TARGET GROUP

The course targets Members of the National Assembly and Members of the Senate

COURSE CONTENT

The course content covers the concept of transition management; personal management and self-growth; financial and career planning; health and wellbeing; networking and social capital; transition plans, stress management; wealth creation, ethical issues and scenario planning.



BENEFITS OF ATTENDING

Participants gain valuable, practical skills for navigating and managing the transition between public office and personal life with confidence, along with a supportive peer network of fellow legislators facing similar journeys.

DATES, VENUE AND FEES

-  12TH TO 16TH OCTOBER, 2026 (MPS - SENATE)
- 26TH TO 30TH OCTOBER, 2026 (MPS – NATIONAL ASSEMBLY)
-  **KIGALI, RWANDA**
- AVAILABLE ON REQUEST TO MEMBERS OF OTHER LEGISLATURES

VISION

A global Centre of excellence in Legislative Governance

MISSION

To Enhance Capacity Development for Effective and Efficient functioning of Parliament, Legislative Assemblies and other key stakeholders.